
Life Skills
Video Practice
Stand Out 1 Unit 3

Ask your students the following questions to introduce the topic of the video they will watch.



A **BEFORE** **Ask and answer the questions with a partner.**

1. What do you eat for breakfast?
2. What food do you have in your refrigerator right now?
3. What is your favorite meal? Why?

Silent Viewing: Show the video in segments without sound so students can guess at the story line.

WATCH THE VIDEO WITHOUT SOUND AND TRY TO GUESS THE STORY.



Second Viewing: Show the video again so students can check predictions.

WATCH THE VIDEO WITH SOUND AND TRY TO RETELL THE STORY.



Ask your students to watch the video and complete the activity. Replay the video if needed.



B **WHILE** **Watch the video. Check (✓) the foods you hear.**

☐ eggs	☐ pizza	☐ potato chips
☐ toast	☐ chicken	☐ oranges
☐ soda	☐ pasta	☐ cheese

Check the correct answers with students.



B **WHILE** **Watch the video. Check (✓) the foods you hear.**

- [x] eggs
- [x] toast
- [ ] soda
- [x] pizza
- [ ] chicken
- [ ] pasta
- [x] potato chips
- [ ] oranges
- [x] cheese

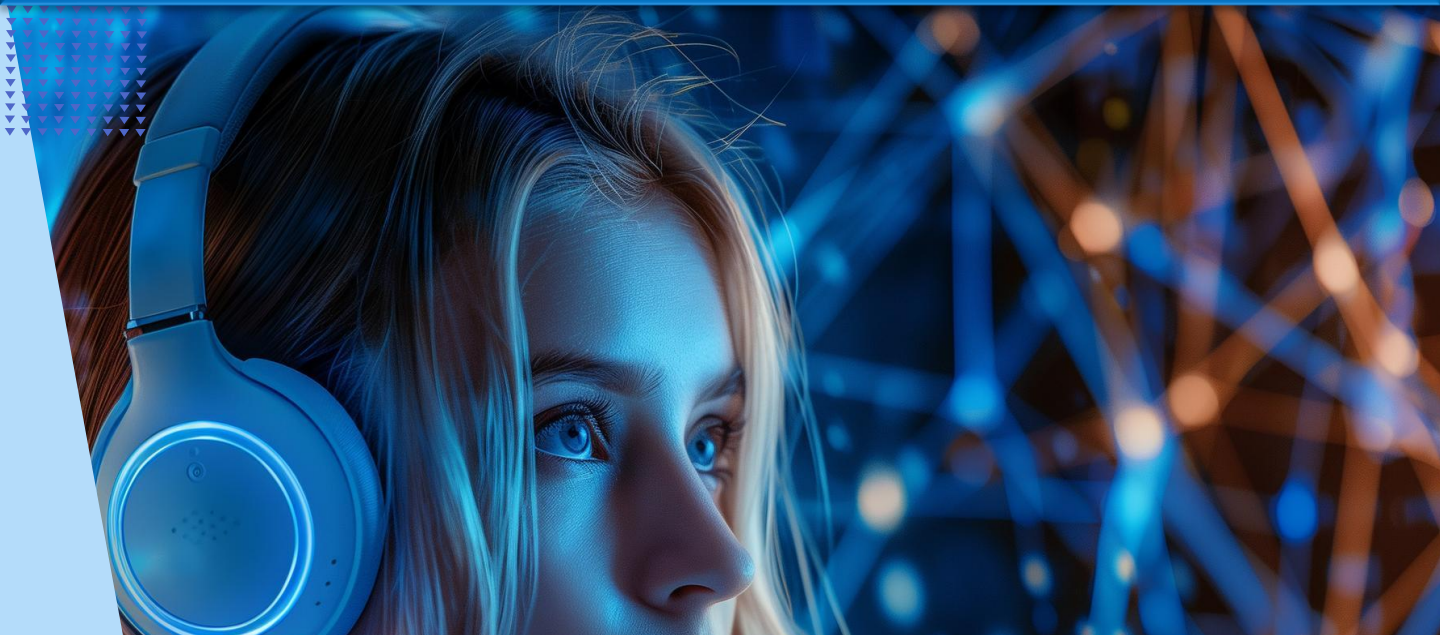
Ask your students to watch the video and complete the activity. Replay the video if needed.



C **AFTER** **Read the statements. Write *T* for true or *F* for false.**

1. Hector eats pizza for breakfast. F
2. Mr. Sanchez wants cake for breakfast. _____
3. Mrs. Sanchez helps Hector make an omelet. _____
4. Hector puts sugar on his omelet. _____

Check the correct answers with students.



C **AFTER** **Read the statements. Write *T* for true or *F* for false.**

1. Hector eats pizza for breakfast. F
2. Mr. Sanchez wants cake for breakfast. F
3. Mrs. Sanchez helps Hector make an omelet. T
4. Hector puts sugar on his omelet. F

Select students. Have partners take turns performing the task. Check and correct anywhere possible.



ROLE-PLAY AS THE CHARACTERS OF THE DIALOG (HECTOR, MATEO, AND CUSTOMER). USE YOUR OWN WORDS, BE CREATIVE AND CHANGE THE CONVERSATION IF POSSIBLE.

Life Skills Video Scripts

UNIT 3 Nobody Has Pizza for Breakfast

Mrs. Sanchez: What was that? **Mr. Sanchez:** Was that the refrigerator? **Hector:** Probably. **Mrs. Sanchez:** Hector! That was your stomach! **Hector:** Sorry, Ma. I didn't eat breakfast. **Mrs. Sanchez:** Why not? Breakfast is the most important meal of the day, you know. **Hector:** It's OK. I can wait until lunch. **Mr. Sanchez:** Hector, please eat something. **Hector:** Like what? **Mr. Sanchez:** We have fruit. Why don't you have an apple? **Mrs. Sanchez:** Or I can make you some bacon and eggs with toast. Would you like that? **Hector:** It's OK, Ma. Don't bother. There's some cold pizza. That's good enough. **Mrs. Sanchez:** Pizza for breakfast? That is not a good way to start the day. **Mr. Sanchez:** I agree with your mother. Nobody ever has pizza for breakfast. **Hector:** Well, why not? People have toast for breakfast, and toast is bread, right? Well, so is pizza, basically. Now all I need is some potato chips. **Mr. Sanchez:** Really, now. This is too much. **Hector:** OK, OK. **Mrs. Sanchez:** You should have real food for breakfast: eggs, milk, fruit. Please, let me make something for you. **Hector:** How about some cake? Cake has eggs and milk and fruit! **Mrs. Sanchez:** It also has sugar in it. Lots and lots of sugar. Isn't there anything else in the refrigerator besides pizza and cake? **Hector:** Let's see. Well, there's vegetables, cheese, and eggs. **Mr. Sanchez:** Why don't you make an omelet? **Mrs. Sanchez:** That's a wonderful idea. Give me a hand, will you, dear? It will only take about 15 minutes. **Hector:** What should I do? **Mrs. Sanchez:** First, you take a few eggs and you beat Them in a bowl. Then you pour some milk into the bowl. Then you can add some grated cheese if you like. **Mrs. Sanchez:** Now isn't this better than having pizza and cake for breakfast? **Hector:** It sure is. Thanks, Ma. **Mr. Sanchez:** Can you pass the pepper? **Hector:** Sure, here you go, Dad. Can you pass me that sugar? **Mr. Sanchez:** Sugar? What do you want sugar for? **Hector:** I like to put sugar on my omelet. **Mr. Sanchez:** What? **Hector:** I was only kidding!